## 17. HEALTH LITERACY AS FOOD FOR MIND, FOR INDIVIDUALS AND ORGANIZATIONS

**Level I**

Department of Health Sciences (DSS)

**Course coordinator**
Chiara Lorini

### STUDY PLAN

<table>
<thead>
<tr>
<th>Subject</th>
<th>Academic Discipline</th>
<th>CREDITS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MODULE 1. What health literacy is?</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Health literacy as an individual, community, ability population and organizations</td>
<td>MED/42</td>
<td>8</td>
</tr>
<tr>
<td>The course will cover the following topics</td>
<td></td>
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<tr>
<td>Evaluation of the concept of health literacy - Health literacy and health promotion - Health literacy and disease prevention - Vaccine literacy - Organizational health literacy - Information technology and digital skills</td>
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<tr>
<td>Health literacy, care and assistance</td>
<td>MED/41</td>
<td>1</td>
</tr>
<tr>
<td>Health literacy and medical-legal aspects</td>
<td>MED/43</td>
<td>1</td>
</tr>
<tr>
<td>Health literacy in an ethical and political perspective</td>
<td>SPS/01</td>
<td>1</td>
</tr>
<tr>
<td><strong>MODULE 2. How health literacy is measured</strong></td>
<td></td>
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<tr>
<td>Health literacy as a measurable quantity</td>
<td>MED/42</td>
<td>8</td>
</tr>
<tr>
<td>The course will cover the following topics</td>
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<tr>
<td>Instruments for measuring individual and organizational health literacy - Validation of health measurement tools literacy - Studies to measure the level of health literacy of the population - Qualitative research in the evaluation of health literacy</td>
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<tr>
<td>Statistics for measuring health literacy</td>
<td>MED/01</td>
<td>1</td>
</tr>
<tr>
<td>From definitions to measurement scales: basic elements for analysis psychometric.</td>
<td>MED/45</td>
<td>2</td>
</tr>
<tr>
<td>Studies to measure the level of health literacy in healthcare contexts</td>
<td>MED/45</td>
<td>2</td>
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<tr>
<td><strong>MODULE 3. What does health literacy impact?</strong></td>
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<tr>
<td>The synthesis of the evidence on the role of health literacy as a determinant of health</td>
<td>MED/42</td>
<td>7</td>
</tr>
<tr>
<td>The course will cover the following topics</td>
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</tr>
<tr>
<td>Methodological aspects for the search for evidence - Synthesis of the evidence: systematic reviews and meta-analyses - The evidence available today and the fields of future development - Health literacy e rischio clinico</td>
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<tr>
<td>Health literacy and managerial quality</td>
<td>SECS-P/08</td>
<td>1</td>
</tr>
<tr>
<td>Health literacy and managerial quality</td>
<td>SECS-P/07</td>
<td>1</td>
</tr>
<tr>
<td>Health literacy and costs for the healthcare system</td>
<td>SECS-P/07</td>
<td>1</td>
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</tbody>
</table>
MODULE 4. Strategies to increase health literacy at individual and organizational levels

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Interventions for the development of individual, community and organizational health literacy

The course will cover the following topics:
- Epidemiological study designs for the evaluation of interventions
- Overview of possible interventions
- OHL interventions in hospital, in community care and in the prevention department
- Health literacy and community engagement
- Health literacy and school
- Health literacy and adherence to screening
- Health literacy in policy documents
- Effective communication in combating fake news
- Future perspectives in the context of research, training and management

<table>
<thead>
<tr>
<th>Interventions</th>
<th>Code</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Digital interventions for the development of health literacy</td>
<td>M-PSI/05</td>
<td>1</td>
</tr>
<tr>
<td>Health literacy and artificial intelligence</td>
<td>ING-INF/05</td>
<td>1</td>
</tr>
<tr>
<td>Health literacy and skill building</td>
<td>M-PSI/08</td>
<td>1</td>
</tr>
<tr>
<td>The design of healthcare buildings from a health literacy perspective</td>
<td>ICAR/12</td>
<td>1</td>
</tr>
<tr>
<td>Health literacy across the lifespan: a life-long learning perspective</td>
<td>M-PED/04</td>
<td>1</td>
</tr>
<tr>
<td>Health literacy and institutional communication</td>
<td>SPS/08</td>
<td>2</td>
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</tbody>
</table>

Total credits of face-to-face classes: 50

Internship: 4

Project work: 6

Final examination: 60

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1 This document is a translation of the form A.2 relating to the study plan of the course attached to the Decree of the Deputy number 848 (record 153310) of 2th of July 2024, drafted in Italian and issued on the Master | Didattica | Università degli Studi di Firenze | UniFI and which therefore constitutes the only official document. This English translation cannot be used for legal purposes and has the sole purpose of supplying information in English on the content of the public notice.