# 02. CHRONICITY AND SOOTHING THERAPY: THE SCOPE OF CARE TOWARD THE END OF LIFE

**Level I**

**Department of Experimental and Clinical Medicine (DMSC)**

The course is conducted in collaboration with **FILE, Fondazione Italiana di Leniterapia**

<table>
<thead>
<tr>
<th>Course coordinator</th>
<th>Donatella Lippi</th>
</tr>
</thead>
</table>
| **Executive Committee** | Donatella Lippi  
Linda Vignozzi  
Mauro Di Bari  
Gianluca Villa  
Alfredo Zuppiroli  
Andrea Vannucci  
Massimo Piazza |
| **Contact person for information regarding teaching organization, class schedule, content of the course** | Andrea Vannucci  
andrea.gg.vannucci@icloud.com |
| **Practical-professional profile of the course and industry sector of reference** | The course provides qualified expertise and professional skills in a care setting that places the Person and not the disease at the center of the system, prioritizing ‘taking care’ as well as the dignity and quality of life of the patient and his or her family and friend group. In particular, the course intends to provide the cultural, organizational, and professional tools to refine and disseminate a palliative-centric sensibility that considers the significant issues of chronicity and geriatrics, framed from both epidemiological and biological, as well as social and cultural perspectives. The course aims to frame the care of patients with chronic diseases, particularly the very elderly with multimorbidity and those in advanced stages of disease in which it is reasonable to expect a poor prognosis in the relatively short term, from a perspective that takes into account not only the biomedical aspects related to the diseases but also those concerning the psychological, relational and spiritual suffering, of the person concerned and those who care for them. Specifically, the course aims to train social-health professionals in various roles and skills, acting at different levels of care: general medicine, Palliative Care Units, home, hospice, and in public and private (profit and nonprofit) territorial services. To this end, the training activities will be divided into three major sections, Vision, Action, Organization, which in turn will be declined into Reason-Culture-Sentiments; Places-Patients-Techniques; and Team-Network-System. The major issues of chronicity, oncology, and geriatrics will be considered and framed epidemiologically, biologically, socially, and culturally. The course will be held in the mode in which the epidemiological situation makes it feasible; should impediments to the movement of learners and faculty arise due to the continuing health emergency caused by the COVID-19 pandemic, the conduct of the Modules may also take place remotely via a platform to be defined. At the end of the course, learners will have the appropriate knowledge to identify patients and frame their needs toward the end of life from the perspective of complexity and the necessary organizational relationships to integrate different professional skills. More generally, participants will acquire that palliative culture that can impact and transform how they act in these care settings. |
| **Access prerequisites** | Bachelor’s degree obtained in accordance with the system under Ministerial Decree No. 270/2004 (or specialist degree under Ministerial Decree No. 509/1999 equated under I.D. July 9, 2009) in one of the following classes: |
• L-24 Psychological sciences and techniques;
• L-39 Social Work;
• L/SNT1- Nursing and Midwifery Health Professions (limited to the Bachelor’s Degree in Nursing, Pediatric Nursing and Midwifery);
• L/SNT2- Rehabilitation Health Professions (limited to degree programs in Physiotherapy, Speech Therapy, Psychiatric Rehabilitation Technology, Developmental Neuro and Psychomotor Therapy, and Vocational Education).

Master’s degree obtained in accordance with the system under Ministerial Decree No. 270/2004 (or specialist degree under Ministerial Decree No. 509/1999 equated under I.D. July 9, 2009) in the class
• LM/SNT1 Nursing and midwifery sciences;

Single-cycle degree obtained in accordance with the system under Ministerial Decree No. 270/2004 (or specialist degree under Ministerial Decree No. 509/1999 equated under I.D. July 9, 2009) in the class
• LM-41 Medicine and Surgery

Bachelor’s degree awarded according to a system prior to Ministerial Decree No. 509/1999 of closely related content, deemed suitable by the Executive Committee or a Commission appointed explicitly by it.

How the admission procedure takes place
Selection by qualifications and a selective test verify the candidate’s preparation and motivation. The test will consist of an interview

Duration
9 months

Teaching methods
Mixed in synchronous format

Language of instruction
Italian - English

Attendance requirements
67%

Location of the course
UNIFI premises within the Careggi campus

Foreseen lecture schedule
Classes will be held from October 2022 to June 2023 routinely on Fridays from 11 a.m. to 6 p.m. and Saturdays from 9 a.m. to 4 p.m

Examinations procedures and schedule
There will be mid-term verifications in ways that will be identified later.

Final examination
The final examination consists of the presentation of a final paper.

Available places and enrolment fees

<table>
<thead>
<tr>
<th></th>
<th>Full-fee students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minimum number</td>
<td>10</td>
</tr>
<tr>
<td>Maximum Number</td>
<td>24</td>
</tr>
<tr>
<td>Enrolment fee</td>
<td>€ 2,000.00</td>
</tr>
</tbody>
</table>

SINGLE MODULES
None planned

Description of the activities and training objectives of the internship
Shadow practitioners in various settings: hospitals, local units, and hospices. Assimilate appropriate behaviors in dealing with patients and their families. Acquire communication techniques in nursing and care relations. Observational activity. 78 total hours of internship.

1 This document is a translation of the form A.1 relating to the characteristics of the course attached to the Decree of the Deputy number 873 (record 158006) of 25th of July 2022, drafted in Italian and issued on the Master | Didattica | Università degli Studi di Firenze | UniFI and which therefore constitutes the only official document. This English translation cannot be used for legal purposes and has the sole purpose of supplying information in English on the content of the public notice.