

**05. LIFESTYLES, GLOBAL HEALTH, AND MULTIORGAN DAMAGE: MULTIPROFESSIONAL APPROACH<sup>i</sup>**

Level I

Department of Experimental and Clinical Medicine (DMSC)

Course Co-Ordinator

Fabio Marra

**STUDY PLAN**

Subject	Academic Discipline	CREDITS
<b>Lifestyles, health, and substance use disorders and inappropriate behaviors (integrated subject)</b>		<b>18</b>
Health, quality of life, and sustainability in the time of a pandemic	MED/09	3
Molecular mechanisms and pathogenesis of multi-organ damage by alcohol and smoking and multi-addiction	BIO/14	3
Smoking use disorder: definition, epidemiology, risk factors, and specificity	MED/10	3
Alcohol use disorder: definition, epidemiology, risk factors, and specificity	MED/09	6
Evolution of the concept of nutrition in the era of sustainability	MED/09	3
<b>Multi-organ damage from smoking and alcohol (integrated subject)</b>		<b>17</b>
Smoking-related organic lung diseases: from molecular mechanisms to clinical impact	MED/10	3
Alcohol-related liver disease: from molecular mechanisms to clinical impact	MED/09	5
Role of nutrition in alcohol pathology	MED/09	3
Lifestyles and metabolic and neoplastic risk	MED/09	3
Lifestyles and health/wellness interaction in pandemic times	MED/09	3
<b>Perspectives on care and comprehensive caretaking (integrated subject)</b>		<b>15</b>
Psychological support and psychotherapy in patients with substance use disorder, the role of the group, and the importance of the caregiver	M-PSI/02	4
Pharmacological options in the treatment of substance use disorder	BIO/14	3
Comprehensive care: SerD, Alcohol Center, Anti-Smoking Center	MED/09	5
Solid organ transplantation in the patient with substance use disorder	MED/09	3
<b>Total credits for face-to-face classes</b>		<b>50</b>
<b>Hands-on training activities in the form of simulations and other online activities</b>		<b>3</b>
<b>Final examination</b>		<b>7</b>
<b>Total</b>		<b>60</b>

<sup>i</sup> This document is a translation of the form A.2 relating to the study plan of the course attached to the Decree of the Deputy number 873 (record 158006) of 25th of July 2022, drafted in Italian and issued on the Master | Didattica | Università degli Studi di Firenze | UniFI and which therefore constitutes the only official document. This English translation cannot be used for legal purposes and has the sole purpose of supplying information in English on the content of the public notice.