## 21. BIOMECHANICS APPLIED TO PODIATRIC ORTHOTIC THERAPY

### Level I

**Department of Health Sciences (DSS)**

<table>
<thead>
<tr>
<th>Course coordinator</th>
<th>Christian Carulli</th>
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<tr>
<td>Executive Committee</td>
<td>Christian Carulli</td>
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<tr>
<td></td>
<td>Roberto Civinini</td>
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<td>Nicola Mucci</td>
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<td>Edoardo Mannucci</td>
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<td>Emiliano Antiga</td>
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<td>Silvia Bellando Randone</td>
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**Contact People for information regarding teaching organization, class schedule, course content**

- Christian Carulli
- christian.carulli@unifi.it
- Daniele Palla
danielepalla@tiscali.it
- Cecilia Parra
dottceciliaparra@gmail.com

### Practical-professional profile of the course and industry sector of reference

The course covers and explores biomechanics of the musculoskeletal system and the foot as applied to orthotic-podiatric therapy. It is addressed to podiatry graduates who intend to specialize in orthotic therapy and functional podiatric assessment. Teaching (face-to-face and practical) will focus on orthotic-podiatric therapy, including direct experiences in functional assessment, design, and implementation of orthoses.

To this end, training activities will be structured in face-to-face teaching, gestures workshop, and practical exercises.

At the end of the course, learners will have acquired the knowledge and skills to perfect their specific competencies and gestures.

### Access prerequisites

Bachelor’s degree in accordance with the system ex D.M. No. 270/2004 or ex D.M. No. 509/1999 in Podiatry -L/SNT2-Class of degrees in Rehabilitation Health Professions, or equivalent degrees in accordance with Law No. 1/2002 or Law 240/2010, provided they are combined with a high school diploma. A license to practice and Board certification are also required.

### How the admission procedure takes place

Candidates will be selected by evaluation of qualifications.

### Duration

12 months

### Teaching methods

In-person (or mixed in case of new arrangements): face-to-face teaching, gestures workshop, exercises

### Language of instruction

Italian

### Attendance requirements

75% of total hours

### Location of the course

- CTO Library
- CTO Podiatry Classrooms
- NIC Classrooms

### Foreseen lecture days

Lectures and workshops/seminars/conferences on 11 weekends, Friday through Sunday

### Examinations procedures and schedule

Face-to-face (written and oral) certifying examinations; presentation of papers; clinical-professional tests related to the topics covered during the Master.

### Final examination

The final examination consists of the presentation of a paper.
### Available places and enrolment fees

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<tr>
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<th>Full-fee students</th>
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<tr>
<td><strong>Minimum number</strong></td>
<td>15</td>
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<tr>
<td><strong>Maximum Number</strong></td>
<td>30</td>
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<tr>
<td><strong>Enrolment fee</strong></td>
<td>€3500</td>
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**Single Modules**

None planned

| Description of the activities and training objectives of the internship | Clinical and instrumental functional assessment, orthotic-podiatric therapy, functional bandaging, and Kinesio taping. All activities are carried out using simulated didactics- gestures workshop. Observational activity. 450 total hours of internship. |

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1 This document is a translation of the form A.1 relating to the characteristics of the course attached to the Decree of the Deputy number 652 (record 154925) of 13th of July 2023, drafted in Italian and issued on the Master | Didattica | Università degli Studi di Firenze | UniFI and which therefore constitutes the only official document. This English translation cannot be used for legal purposes and has the sole purpose of supplying information in English on the content of the public notice.